



WIM Weekly Schedule

WIM runs for eight weeks total (June 6 - July 31, 2022; Facebook group opens June 2).

Weekly WIM Videos: During the first six weeks, we explore a new Path each week. There are usually six short videos to watch, all less than eight minutes each. There is also an accompanying PDF workbook for each week with additional notes and reflection questions.

MONDAYS

Janna's Facebook Live (Recorded)

Time: 10 am Pacific

Average Run Time: 1 hour

WIM uses a private Facebook Group and Janna hosts this weekly Facebook Live to answer questions and go deeper into the week's learning content. Join her live to participate in the chat, or watch the recording later.

TUESDAYS

Group Coaching Call via Zoom (Recorded)

Time: 10 am Pacific

Average Run Time: 1 hour

These calls are an opportunity to get personalized coaching from Janna and learn from others' experiences.

THURSDAYS

Small Group Calls via Zoom (Not Recorded)

Time: Six times to choose from to accommodate all time zones

Average Run Time: 1 hour

Get support from your fellow WIMmers in Small Groups. These calls are facilitated by our incredible WIM Mentors, who are alumni of Wanting it More. Once you join WIM, you will select the small group time that works best for you. We have six times to choose from: 10 am, 11 am, 12:30 pm, 5 pm, 6 pm, and 7 pm Pacific.

Husband Videos

The husband videos are a separate course in WIM called Supporting Your Wife. There are about 15 min. of content each week for him to watch if he chooses. There is no additional support for husbands outside of the course content.