



WIM Weekly Schedule

Wanting It More runs for eight weeks (Sept. 28 - Nov. 26, 2023; Online Community opens Sept. 25).

During the first six weeks, we explore a new Path each week. There is also an accompanying PDF workbook for each week with additional notes and reflection questions. The last two weeks are for implementing what you have learned and to get support from Janna and the amazing community of women.

THURSDAYS - Starting Sept. 28

WIM Class via Zoom (Recorded)

Time: 1 pm Pacific

Average Run Time: 1 hour

Weekly live classes via Zoom accompanied with workbooks. Each class includes a section for women, a section specifically for husbands, and a Q&A at the end. All classes are recorded and available to watch at any time, including once the program ends.

MONDAYS - Starting Oct. 2

Group Coaching Calls via Zoom (Recorded)

Time: (10 am & 5 pm Pacific or 1 pm & 5 pm Pacific, alternating every other week to accommodate all time zones)

Average Run Time: 1 hour

Women are offered two times each week to get on a live group coaching call with Janna to answer your questions and get one-on-one support. (Coaching Call recordings are available to watch for 12 weeks, after which time they are deleted to protect your privacy.)

TUESDAYS - Starting Oct. 3

Live Weekly Support For Your Husband (Recorded)

Time: 1 pm Pacific

Average Run Time: 1 hour

Janna hosts a live husbands-only support call via Zoom. She candidly offers suggestions, answers questions, and helps him better understand his role in the WIM process so you can progress through the program as a team. (Support Call recordings are available to watch for 12 weeks, after which time they are deleted to protect your privacy.)

Note: Not all men are interested in attending the support calls. It's not a necessary piece of the program.